



ANNE-LISE MILLER

HEALTH-STYLE FOR LIFE

TREATMENTS AVAILABLE FROM LONDON NW3

All my treatments are client centred. They incorporate a holistic approach to health and healing. My recommendations are adapted to the needs and situation of each person. They are simple, easy to apply and fully explained. I aim to treat mind and body based on the understanding that we have the power to influence and integrate them both with the correct approach and appropriate information.

Colonic Hydrotherapy (90 minutes)	£95
Course of three treatments	£240
Course of six treatments	£420
Nutritional Counselling (initial consultation)	£110
Follow up (1 hour)	£80
Kinesiology and Emotional Balancing	£80
Course of 3 sessions (1 hour)	£210
Deep Tissue/Aromatherapy Massage (90 minutes)	£95
Course of three 90 minutes sessions	£240

* Treatment courses are valid for 6 months

DETOX PROGRAMMES IN LONDON

➤ EXPRESS DETOX

The programme lasts 10 days and comprises:

- Three Colonic Hydrotherapy Treatments
- Nutritional recommendations and educational material with easy to follow instructions
- UltraClear PLUS Ph® metabolic clearing and detox booster
- A complimentary skin brush

Complete programme £325

➤ TARGETTED WEIGHT LOSS PROGRAMME

The programme is spaced over 6 weeks and comprises:

- Six Colonic Hydrotherapy Treatments
- Weekly motivational sessions
- Blood test for possible food sensitivity
- UltraClear PLUS Ph® metabolic clearing and detox booster
- BP monitoring

Programme per week £140

➤ THE ALKALISING CLEANSE

The cleanse lasts 21 days and comprises:

- Three Colonic Hydrotherapy Treatments
- Nutritional recommendations and educational material with easy to follow instructions
- A Ph balance supplement
- Ph measurement strips to monitor progress

Complete programme £330

➤ **LIVER AND GALL BLADDER CLEANSE**

The programme lasts three weeks and comprises

- Three Colonic Hydrotherapy Treatments with coffee implant
- Nutritional recommendations and educational material with easy to follow instructions
- An intensive herbal programme

Complete programme £335

➤ **GALL BLADDER FLUSH**

- The Gall Bladder Flush lasts 2 days and comprises:
- Two Colonic Hydrotherapy Treatments with coffee implants
- A follow up treatment a week after completing the flush with coffee implant
- Nutritional recommendations and educational material with easy to follow instructions

Complete flush £ 260

➤ **PARSITE CLEANSE**

The programme lasts three weeks and comprises:

- Three Colonic Hydrotherapy Treatments with specific parasite busting herbs
- An intensive herbal programme with proven efficacy against a wide range of parasites
- An optional laboratory test (at additional cost)

Complete programme £295

➤ **BEAT CANDIDA PROGRAMME**

The programme lasts six to twelve weeks and comprises:

- Six Colonic Hydrotherapy Treatments using herbs
- A strong probiotic implant on the last treatment
- Specific laboratory testing for Candida and yeast
- Nutritional recommendations and educational material with easy to follow instructions
- A specific nutritional supplement programme

Complete programme £670

➤ **ASSISTED JUICE FAST AND TISSUE CLEANSE**

The complete programme lasts 7 days and comprises:

- Six Colonic Hydrotherapy Treatments with herbs and/or coffee implants
- A strong probiotic COLONIC implant on the last treatment
- Nutritional recommendations and after-care easy to follow instructions
- A bowel detox booster
- A complimentary skin brush
- A 10% discount on Juice delivery service to your door from [Radiance Cleanse](#)

Full week Cleanse £510



ANNE-LISE MILLER
CLEANSING FOR LIFE

TREATMENTS AVAILABLE ON THE RETREAT

Colonic Hydrotherapy **£65 (€80)**

Course of 3 treatments **£150 (€190)**

Deep Tissue/Aromatherapy Massage (1 hour) **£65 (€80)**

Course of 3 treatments **£150 (€190)**

Cranio-sacral balancing (1 hour) **£55 (€70)**

Course of 3 treatments **£120 (€160)**

Dead-sea Body wrap **£70 (€85)**

Course of 3 body-wraps **£150 (€190)**

Kinesiology and Emotional Balancing **£65 (€80)**

DETOX RETREAT IN THE SOUTH OF FRANCE

The cleansing for Life residential detox retreat takes place at Les Sources, a centre for natural health set high in the Pyrenean village of Escouloubre-les-Bains, just 90 minutes' drive from Carcassonne.

It is fully inclusive and comprises:

- A consultation prior to starting the cleanse to establish your needs and personal requirement
- 7 nights individual accommodation
- Group transfer on the first and last day from and to Carcassonne (airport or station)
- Juice fasting for 5 1/2 days
- Optional liver and gall bladder flushing
- Delicious raw food meals on the first and last days
- 3 colonic hydrotherapy treatments
- 2 full-body massages
- 2 castor oil packs
- 1 Hopi ear candling session
- 3 yoga classes
- 3 sauna sessions
- Unlimited access to the hot thermal water plunge-pool
- A guided walk with our tour expert Chris Tam and the option of more
- On-going support before during and after the cleanse
- Unlimited access to the wild and beautiful surroundings

All-inclusive retreat **£1550 (€1900)**

En-suite supplement **£100 (€120)**